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## BACKGROUND

- Prior research has shown that nursing home residents have a significant burden of symptoms including pain, nervous and depressed feelings, and fatigue and lack of energy<sup>1</sup>
- As the OPTIMISTIC staff monitors symptoms during acute illness through a large CMS demonstration project, a greater understanding of symptoms experienced by residents at baseline was needed



## METHODS

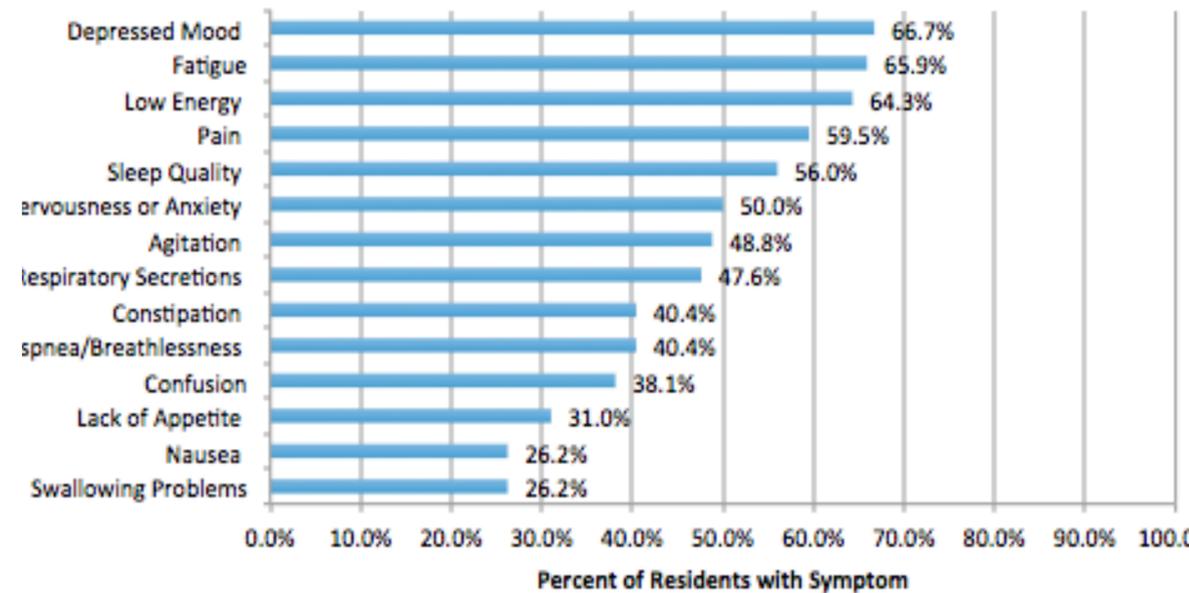
- Interviews conducted at two Indianapolis facilities enrolled in the clinical plus payment demonstration
- Interviewed residents met following eligibility criteria
  - OPTIMISTIC eligible resident with no hospitalizations with the prior two weeks
  - Ability to participate in assessment interview
  - Not certified for one of the six condition benefits within the last two weeks
- Symptom interview conducted utilizing the SATISFIE Instrument
- Interviewed 42 residents

## RESULTS TABLES AND GRAPHS

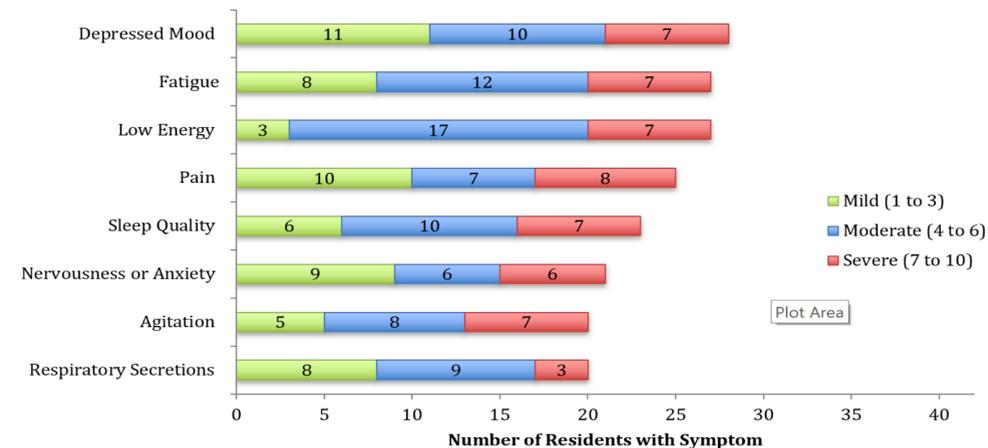
### KEY FINDINGS

- **93% of residents indicated the presence of at least one symptom**
- **52% of residents indicated that they had at least one symptoms that was severe (Rating  $\geq 7$ )**
- **On average, residents presented with 6.57 symptoms**
  - **2/3 of all residents indicated depressed mood**

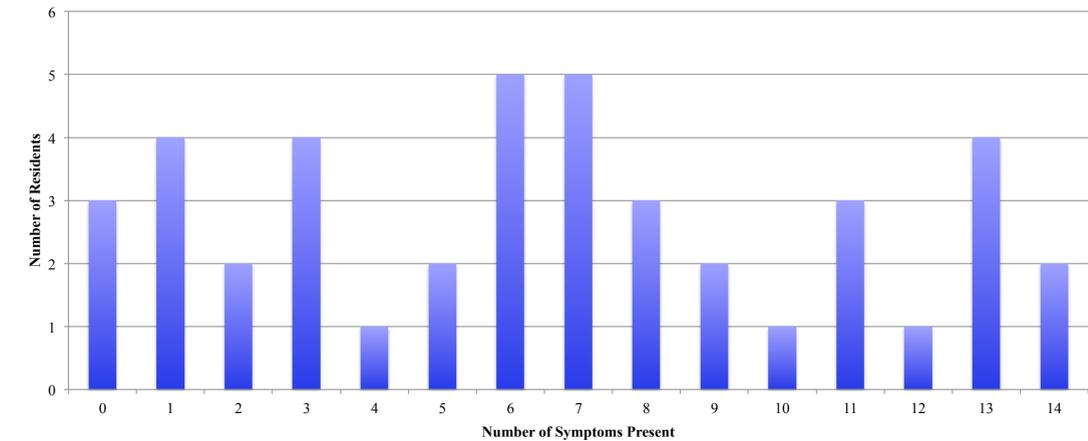
### Presence of Symptoms in Residents



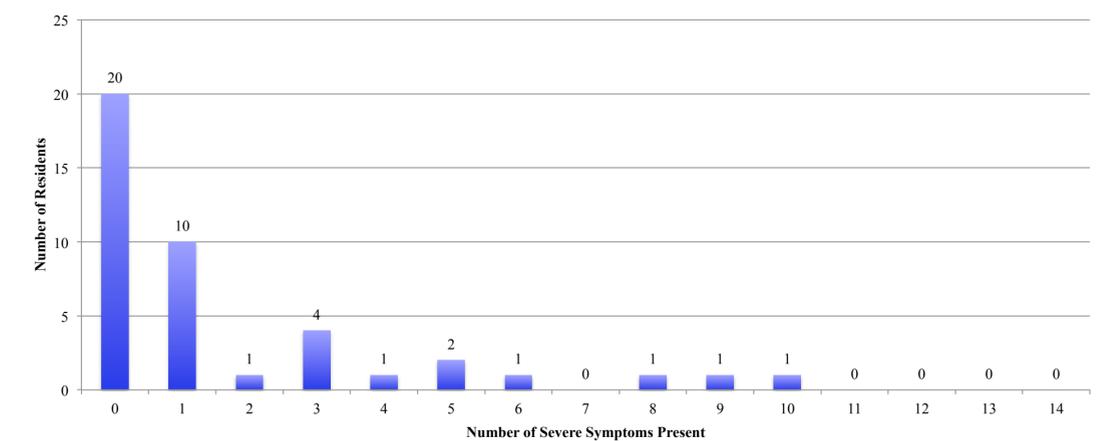
### Severity of Frequent Symptoms



### Frequency of the Total Number of Symptoms per Resident



### Frequency of the Number of Severe Symptoms per Resident



## SUMMARY

- Pilot study suggests that residents, at baseline, experience a variety of symptoms
- Of medically stable residents who are symptomatic, over 50% experience at least one severe symptom
- These findings raise awareness of the variety & severity of symptoms experienced by nursing home residents