

NEWS BRIEFS

-There was an earthquake in northern California this week injuring 21 persons and causing a one million dollar fire.

-Iran is to have an A-bomb within 2 years.

-England is expelling all Libyans.

-Jack McKinney will not be rehired as coach of the Indiana Pacers.

-Democratic Primary Candidates visit Indiana.

Carbun

1:20 Ap 27, '84

FLOAT THROUGH



FINALS WEEK

Take the world's most private vacation, relax, organize your thoughts, and be back on campus in less than 2 hours? A tempting thought with finals week on its way. This is, however, the claim made by the Serenity Tank Center-home of the isolation tank.

Thoreau found solitude with nature. Dr. John Lilly asked of solitude another question: "What nature rests within me, already?" In 1954 he began the search to find out. Thirty years later, the tool he developed to ask this question is entering mainstream American life. Serenity Tank Center, Inc. brings to Indianapolis "Samadhi" Isolation Tanks- the design developed by Dr. Lilly and Samakhi Company founder Glenn Perry.

Constructed of space-age plastic, the tank contains ten inches of water into which are dissolved 800 lbs. of Epsom salts. In such a medium one can only float. The water temperature is 93-94 degrees F. or skin temperature. After several minutes in the tank one ceases to feel the contact of skin with water. It is the nearest sensation to weightlessness we can know of, here on earth. Finally, with the chamber door shut, comes total darkness, total silence.

Do we automatically sleep in the absence of light, sound, and touch? Much to the contrary, the mind blossoms and leaps when left to its own device. Perhaps no other form of relaxation/meditation offers as great a reward so easily. No training is required, no special knowledge is needed, no physical demands are made. Anyone can float.

Uniformly, clients experience deep physical relaxation. Tension and stress are countered effectively. Beyond this, benefits are as varied as the motives of the clients: physical therapy, emotional or intellectual encounters with isolation, deep whole-body meditative experiences. Just as there is no "correct way" to use the tank, there is no "correct reason" to use it. Yet whatever the motivation for floating, one fact remains clear from its diverse clientele (housewives, athletes, doctors, dancers, policemen, business execs, on and on)-- a sense of well being and rejuvenation result.

With three modern tanks, their floating experience is a far cry from the primitive box in the movie Altered States. Individual rooms with heat lamp, shower, an assortment of bathing necessities and toiletries offer clients floatation in utmost comfort and privacy.

Sue Wagman and Robert Sander, co-owners of the center feel that the serenity tank is "the perfect environment for relaxation and inward journeys." Located at 2070 E. 54th St., an appointment can be made by calling 251-9992. Special student rates are \$12.00 an hour.

exercise your

Write

DEAR ABBY

Dear Abby:

Recently we have experienced the death of an old and new friend-- the Student Center. Was it murder or some mysterious disease? Did the installation of four air conditioners and talk of painting the old cafe cause it? Was it lack of interest?..

by students,
by student oriented
admission,
by lack of funds,
by lack of interest
to raise funds???

These questions, Abby, surround the death of our friend. We are grieving and do not know what to do.

Signed,
HELP

Dear HELP:

It's too late for the doctor (except maybe Quincy). Call the mortuary and Homocide Department--maybe for some last rites. One last possibility... maybe it was rained out with the baseball season.

MARTIAN GET PHYSICAL

by Jac &
Mac

DATELINE CLARE HALL GYM:

Wednesday night signaled the start of the long awaited Co-ed Volleyball tournament. Action was fast and hard fought as over 190 players and 16 teams from the blue & orange leagues battled on the road to the Championship. All of the teams seemed calm, but very anxious to know when the batting cage net was going to fall and reduce the space in which they could play. Despite this hazzard and the thoughts of finals lurking around the corner, the teams persevered and when the dust cleared and the Clare gym lights died down, the following teams survived:

Thi, EKA's, Cold Ones, B.c. Raiders, Furman, Fu-Bar, Lost Cause, and Staff.

Thanks to:

Dirty Dozen, Beasties, Weasel, Rejects, Little Kings, Smash Hit, Brats, and Klapko . . .

For a Great Season!

AD AD

TERM PAPERS; RESUME PREPARATION AND

COUNSELING; WORD PROCESSING:

Carole or Laura 291-3640



by Lisa Fritz

THEATRE-BSU the Ritz April 27,28
CTS-Carousel April 27-May 13
Marian College- Whose Life is it Any Way? April 27 and 28

MOVIES-Footloose-musical-drama
A city kid moves into a small town and encounters a lot of old-fashioned adult opposition in his pusuit of pop music, teen dances and youth culture.

Hard to Hold-Romantic-comedy
Contemporary love story about a successful rock star who falls in love with a woman who decidedly isn't one of his fans. Stars Rick Springfield.

Romancing the Stone-romantic-comedy

A successful writer travels to South America and suddenly finds herself in a romantic adventure similar to the one she has written.

BARS--Max and Erma's-8930 Wesleyan Rd
It is a friendly place where both the young and the old can have a good time. Every Tues. night is '50's night 8pm.-mid., with a live DJ and bar drink specials. There's a daily Happy Hour 4-7 pm. with free munchies and special prices on drinks. Shirts with sleeves are required.

NUCLEAR TEST BAN

A resolution to ban all nuclear tests, as long as the Soviet Union does the same, is now in the House of Representatives Foreign Affairs Committee.

This resolution has the backing of over 20 peace groups. It is sponsored by Representative Barbara Boxer.

It is urgent that you write your Representative, Washington D.C. 20515, and urge him or her to co-sponsor this resolution (H.J. Resolution #441 --The Test Ban Challenge). This will greatly improve its chances of being passed.

ISO RUN

The Indianapolis Symphony Orchestra is holding the ISometric Run, Opus 2, on Sunday, April 29, at 1:00 pm.

The Exciting Course will be run from the I.U. Natatorium in a double loop back to I.U. Track and Field Stadium. There will also be several just for fun runs including the Centipede, Costume and Bad Knee Events.

HELP WANTED

In regards to last weeks article on Gerald S. Zore's re-election, anyone interested in working on election day, May 8th, please contact Phyllis Butler at 236-3904. Working hours are 6a.m.-6p.m. -- shifts quite feasible!!

COMPETITION

1984 INTERNATIONAL SONGWRITERS
COMPETITION TO BENEFIT SONGWRITERS
HALL OF FAME MUSEUM

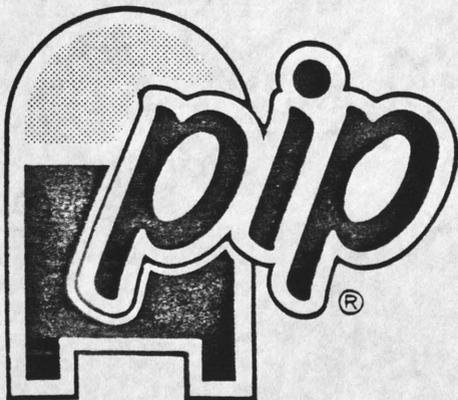
An international songwriters competition to benefit the Songwriters Hall of Fame Museum has been announced by the National Academy of Popular Music. A Grand Prize of \$25,000 will be given to the writer of the best lyrics to the new instrumental "Nora's Tune".

The songwriting competition will continue until December 31, 1984. Lyric entries should be typed on a separate sheet of paper and sent with a \$5 donation to the Songwriters Hall of Fame Museum and a completed Official Entry Form for each entry to: 1984 International Songwriters Competition, The National Academy of Popular Music, 29 West 57th Street, 6th Floor, New York, New York 10019. The official entry forms are available in the "Foreign Legions" albums and cassettes or from The National Academy of Popular Music.

TEACHERS

The Foreign & Domestic Teachers Organization needs teacher applicants in all fields from Kindergarten through College to fill over six hundred teaching vacancies both at home and abroad.

Should you wish additional information you may write the National Teacher's Placement Agency, Universal Teachers, Box 5231, Portland, OR 97208



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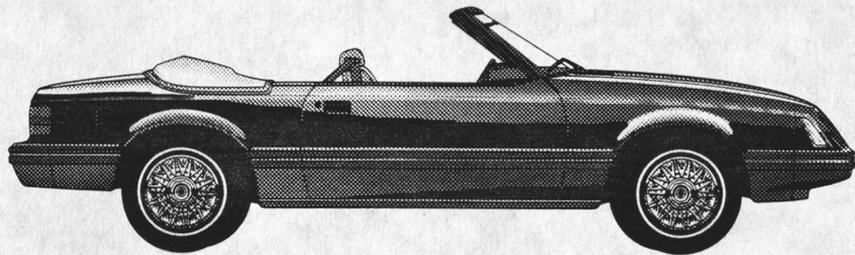
Next week will be the last Carbon this year. Anyone interested in being on Carbon Staff should be in the Carbon office on May 1 at 8:00. We need typists, staff writers, an ad. person (preferably a business major--in marketing), and people that can help with layouts on Wednesday nights.

ADS, ADS, ADS.....



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